CO isotopologues in the Perseus Molecular Cloud Complex: the X factor and physical properties

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ABSTRACT

The COMPLETE Survey of Star-Forming regions offers an unusually comprehensive and diverse set of measurements of the distribution and temperature of dust and gas in molecular clouds, and in this paper we use those data to find new calibrations of the "X-factor" and the ^{13}CO abundance within Perseus. To carry out our analysis, we: 1) apply the NICER (Near-Infrared Color Excess Method Revisted) algorithm to 2MASS data to measure dust extinction; 2) use dust temperatures derived from re-processed IRAS data; and 3) make use of the ^{12}CO and ^{13}CO (1-0) transition maps gathered by COMPLETE to measure gas

distribution and temperature. Here, we divide Perseus into six sub-regions, using groupings in a plot of dust temperature as a function of LSR velocity. The standard X factor, $X \equiv N(\mathrm{H_2})/W(^{12}\mathrm{CO})$, is derived both for the whole Perseus Complex and for each of the six sub-regions with values consistent with previous estimates. However, the X factor is heavily affected by the saturation of the emission above $A_V \sim 4$ mag, and variations are found between regions. We derive linear fits to relate $W(^{12}\mathrm{CO})$ and A_V using only points below 4 mag of extinction. This linear fit yields a better estimation of the A_V than the X factor. We derive linear relations of $W(^{13}\mathrm{CO})$, $N(^{13}\mathrm{CO})$ and $W(\mathrm{C^{18}O})$ with A_V. In general, the extinction threshold above which $^{13}\mathrm{CO}$ (1-0) and $\mathrm{C^{18}O}$ (1-0) are detected is about 1 mag larger than previous estimates, so that a more efficient shielding is needed for the formation of CO than previously thought. The fractional abundances (w.r.t. $\mathrm{H_2}$ molecules) are in agreement with previous works. The (1-0) lines of $^{12}\mathrm{CO}$ and $^{13}\mathrm{CO}$ saturates above 4 and 5 mag, respectively, whereas $\mathrm{C^{18}O}$ (1-0) never saturates in the whole A_V range probed by our study (up to 10 mag). Approximately 60% of the positions with $^{12}\mathrm{CO}$ (1-0) emission have sub-thermally excited lines, and almost all positions have $^{12}\mathrm{CO}$ (1-0) excitation temperatures below the dust temperature. We compare our data with PDR models using the Meudon code, finding that $^{12}\mathrm{CO}$ (1-0) and $^{13}\mathrm{CO}$ (1-0) emission can be explained by these uniform slab models with densities ranging between about 10^3 and 10^4 cm^{-3}. Higher densities are needed to reproduce CO data toward active star forming sites, such as NGC 1333, where the larger internal motions driven by the young protostars allow more photons from the embedded high density cores to escape the cloud. In the most quiescent region, B5, the $^{12}\mathrm{CO}$ and $^{13}\mathrm{CO}$ emission appears to arise from an almost uniform thin layer of molecular material at densities around 10^4 cm^{-3}, and the integrated intensities of the two CO isotopologues are the lowest in the whole complex.

Subject headings: dust, extinction — ISM:abundances — ISM:molecules — ISM:individual (Perseus molecular complex)

1. Introduction

Although $\mathrm{H_2}$ is the most abundant molecule in the interstellar medium (by about four orders of magnitude), it cannot be used as a tracer of the physical conditions in a molecular cloud. In fact, being a homonuclear species, $\mathrm{H_2}$ does not have an electric dipole moment and even the lowest (electric quadrupole) rotational transitions requires temperatures and

densities well above those found in typical molecular clouds. The next most abundant molecule is ^{12}CO, and since its discovery by Wilson et al. (1970) it has been considered the best tracer of H_2 and the total mass of molecular clouds (e.g. Combes 1991). Because of its relatively large abundance and excitation properties, the ^{12}CO (1-0) line is typically optically thick in molecular clouds, so that rarer CO isotopomers (in particular ^{13}CO) have also been used to trace the cloud mass in the most opaque regions. However, previous attempts to derive cloud masses from the thinner isotopomers present a large scatter (factor of 10), indicating that ^{13}CO line strength is not an entirely straightforward indicator of gas column. In particular, the following points should be taken into account to derive less uncertain conversions: 1) preferential photodissociation of ^{13}CO at low optical extinctions, A_V; 2) active chemical fractionation in the presence of ^{13}C$^+$ ions, enhancing the relative abundance of ^{13}CO in cold gas (Watson 1977); and 3) variations in the ^{12}CO/^{13}CO abundance ratio across the Galaxy.

The conversion between ^{12}CO (1-0) integrated intensity ($W(^{12}$CO$)$) and H_2 column density ($N(H_2)$) is usually made using the so-called "X-factor," defined as

$$X \equiv \frac{N(H_2)}{W(^{12}CO)} \ . \tag{1}$$

In order to calibrate this ratio, one needs to measure the column of H_2 which is difficult to do reliably.

One method to derive this ratio uses only the ^{12}CO emission and the assumption that molecular clouds are close to virial equilibrium. Solomon et al. (1987) found a tight relation between the molecular cloud virial mass and the ^{12}CO luminosity ($M_{VT} = 39(L_{CO})^{0.81}$). This relation enabled them to derive a ratio of $\mathbf{3.0} \times 10^{20}$ cm^{-2} K^{-1} km^{-1} s for the median mass of the sample ($10^5 \ M_\odot$). In this case, the main source of uncertainty is the assumption of virial equilibrium for the molecular clouds.

Another method uses the generation of gamma rays by the collision of cosmic rays with H and H_2. The H_2 abundance is calculated using (assumed optically thin) 21-cm observations of H I and gamma ray observations in concert. Bloemen et al. (1986) using COS-B data derived a value of $(\mathbf{2.8}\pm0.4)\times10^{20}$ cm^{-2} K^{-1} km^{-1} s for the X factor, while Strong & Mattox (1996) derived $(\mathbf{1.9}\pm0.2)\times10^{20}$ cm^{-2} K^{-1} km^{-1} s using the EGRET data. Uncertainties in gamma-ray-derived estimates of the X-factor stem from coarse resolution ($0.5°$ and $0.2°$ for COS-B and EGRET, respectively) and from the assumption that there are no point sources of gamma rays.

An alternative method to derive the column density of H_2 makes use of the IRAS 100 μm data to estimate the total column density of dust, which can then be used, assuming

a constant dust-to-gas ratio (=0.01, value adopted also here), to estimate the total column density of Hydrogen ($N(H) = N(H I) + 2N(H_2)$) and derive the conversion factor X. Using this method Dame et al. (2001) derived a value of $(\mathbf{1.8} \pm 0.3) \times 10^{20}$ cm^{-2} K^{-1} km^{-1} s for the disk of the Milky Way, while de Vries et al. (1987) derived $(\mathbf{0.5} \pm 0.3) \times 10^{20}$ cm^{-2} K^{-1} km^{-1} s for the high-latitude far-infrared "cirrus" clouds in Ursa Major. Frerking et al. (1982) find no correlation at all between $W(^{12}CO)$ and $N(H_2)$ in Taurus (where the ^{12}CO (1-0) integrated intensity is roughly constant above 2 mag of visual extinction) while in ρ-Ophiuchus they derive $(\mathbf{1.8} \pm 0.1) \times 10^{20}$ cm^{-2} K^{-1} km^{-1} s.

More recently, Lombardi et al. (2006) studied the Pipe Cloud using an extinction map derived using the Near Infrared Color Excess Revisited (NICER) technique on 2MASS and ^{12}CO (1-0) data. They derived an X factor of $(\mathbf{2.91} \pm 0.05) \times 10^{20}$ cm^{-2} K^{-1} km^{-1} s, similar to what is found in cloud core regions and dark nebulae (see compilation by Young & Scoville 1982). However, the factor derived by Lombardi et al. (2006) includes a correction for Helium and uses the non-standard expression $N(H) = N(H I) + N(H_2)$, while using the standard definition of $N(H) = N(H I) + 2N(H_2)$ they would derive $(\mathbf{1.06} \pm 0.02) \times 10^{20}$ cm^{-2} K^{-1} km^{-1} s.

Frerking et al. (1982) studied the relation between visual extinction and ^{13}CO data, and found that the number of H$_2$ molecules per ^{13}CO molecule, [H$_2$/^{13}CO], is $\mathbf{3.7} \times 10^5$ in **Taurus** and $\mathbf{3.5} \times 10^5$ in **Ophiuchus**, with extinction thresholds (below which no ^{13}CO is detected) of $\mathbf{1.0}$ and $\mathbf{1.6}$ mag, respectively. To make these estimates, Frerking et al. (1982) derived pencil-beam extinctions along the line of sight towards a handful of positions with background stars, by using near-infrared (NIR) spectroscopy from Elias (1978) to estimate the spectral type and derive the extinction. However, pencil beam observations do not trace the same material probed by the molecular line emission observations, and this can introduce large uncertainties. In fact, Arce & Goodman (1999) compared spectroscopically-determined extinction and IRAS derived extinction in a stripe through Taurus, finding a 1-σ dispersion of 15% when the extinctions are compared between $0.9 < A_V < 3.0$ mag. This unavoidable dispersion is likely to affect previous column density derivations, such as Frerking et al. (1982), as well.

Previous studies of the ^{13}CO abundance have also been carried out specifically in the portions of the **Perseus** Molecular Cloud Complex we study here. Bachiller & Cernicharo (1986) used an extinction map derived from star counting on the Palomar Observatory Sky Survey (Cernicharo & Bachiller 1984). The angular resolution of their extinction map is 2.5$'$, which is smoothed to 5$'$ resolution for comparison with the 4.4$'$ resolution of their ^{13}CO data, from which they derive an [H$_2$/^{13}CO] abundance and threshold extinction of $\mathbf{3.8} \times 10^5$ and $\mathbf{0.8}$ mag, respectively. Langer et al. (1989) compare ^{13}CO data of 2$'$ resolution with the extinction map derived by Cernicharo & Bachiller (1984), obtaining [H$_2$/^{13}CO]$= \mathbf{3.6} \times 10^5$

and an extinction threshold of **0.5** mag. However, this study was done only in the **B5** region. A summary of earlier measurements of the X-factor and ^{13}CO abundances can be found in § 6.2 and 6.3.

The main disadvantage of previous calibrations done on Perseus is that they use *optically-* based star counting to create extinction maps of regions with high visual extinction (Bachiller & Cernicharo 1986; Langer et al. 1989). For Ophiuchus, Schnee et al. (2005) find that the extinction derived using optical star counting (Cambrésy 1999) is systematically underestimated by ~ 0.8 mag in comparison with near-IR-based extinction mapping. The offset (and resulting inaccuracy) is caused by the difficulty in fixing the zero-point extinction level– in such a high extinction region–in the optical star counting extinction map. In addition, the derived A_V from optical star counting in Perseus does not have a large dynamic range ($A_V < 5$ mag), while the NICER extinction map used in our work is accurate up to 10 mag with small errors ($\sigma_{A_V} < 0.35$ mag; see Ridge et al. 2006a).

The B5 region in Perseus is special, in that it has been the subject of an unusually high number of studies seeking to understand its basic physical properties. As shown in Figure 3, B5 is somewhat isolated from the rest of Perseus, and it is only forming a very small number of stars, making it an obviously good choice for detailed study. Young et al. (1982) used a LVG model to derive an average density of 1.7×10^3 cm^{-3} and kinetic temperatures $\sim 10 - 15$ K, but only for some stripes in the cloud. Bensch (2006) used ^{12}CO and ^{13}CO maps with C I pointing observations of 12 positions in a North-South stripe from the central B5 region to model the emission with a PDR code. From this analysis he derives average densities $\sim 3 \times 10^3 - 3 \times 10^4$ cm^{-3}.

Using the COMPLETE dataset, we are able (for the first time) to carry out a detailed study of the ^{12}CO excitation across the whole Perseus complex and investigate possible variations in the X factor and the ^{13}CO abundance between different regions. This analysis enables further study of how local conditions (e.g. star formation activity) affect how the molecular emission traces total column density.

2. Data

2.1. Extinction Map

We use the Near-Infrared Color Excess Method Revisited (NICER) technique (Lombardi & Alves 2001) on the Two Micron All Sky Survey (2MASS) point source catalog to calculate K-band extinctions. To derive A_V, we use the relation $A_K = 0.112\ A_V$ (Rieke & Lebofsky 1985). The resulting extinction map has a fixed resolution of $5'$, and the pixel scale is $2.5'$.

The total size of the map is $9° \times 12°$ and is presented in Ridge et al. (2006a) (see Alves et al. 2007, for more details).

Figure 1 shows the estimated error (uncertainty) in the derived A_V for all the points in the extinction map used in this study. The uncertainties are correlated with the extinction values because more stars per pixel allow for a more accurate measure of extinction. Nevertheless, the linear slope in Figure 1 is smaller than 0.01, so that the fractional uncertainty in *any* pixel's extinction measure remains quite small compared to its value. The median of the error for all of Perseus using NICER on 2MASS data is 0.2 mag, while in the case of the extinction map derived by Cernicharo & Bachiller (1984) and used in Bachiller & Cernicharo (1986); Langer et al. (1989) the typical error is ~ 0.5 mag.

While the improved accuracy offered by our new maps is significant, the increased dynamic range is even more critical to our analysis. The NICER extinction map of Perseus is accurate up to $A_V = 10$ mag, while the extinction map derived using star counting by Cernicharo & Bachiller (1984) dies out above $\sim 4 - 5$ mag of visual extinction.

2.2. Molecular Data

We use the line maps of the COMPLETE Survey (Ridge et al. 2006a) to estimate ^{12}CO (1-0) and ^{13}CO (1-0) column densities. Both lines were observed simultaneously using the FCRAO telescope. The line maps cover an area of $\sim 6.25° \times 3°$ with a $46''$ beam in a $23''$ grid, and the positions included in our analysis are shown in Figure 3. We correct the ^{12}CO (1-0) and ^{13}CO (1-0) maps for a main-beam efficiency assumed to be 0.45 and 0.49, respectively (http://www.astro.umass.edu/~fcrao/). The flux calibration uncertainty is assumed to be 15% (Mark Heyer, private communication).

In comparing the ^{12}CO integrated intensity presented in Dame et al. (2001) with the integrated intensity of our data smoothed to match the $1/8°$ beam resolution, we find the COMPLETE data and Dame's measurements to be well fitted by a linear relation of slope 1.0 ± 0.1 and off-set -3 ± 3 K km s^{-1}. We also compare the COMPLETE ^{13}CO integrated intensity with data from Bell Labs (Padoan et al. 1999), after smoothing our data to the $100''$ resolution and $1'$ grid of Bell Labs data. These data are fitted by a linear relation of slope 0.986 ± 0.003 and off-set -0.53 ± 0.01 K km s^{-1}, where the small deviation from the $1 : 1$ relation is most probably due to a small misalignment found between the images.

In addition, we use the C^{18}O (1-0) data-cube presented by Hatchell & van der Tak (2003) (and converted into FITS using CLASS90; Hily-Blant et al. 2005-1), taken with FCRAO but with a smaller coverage and lower signal to noise.

We convolve all data-cubes with a Gaussian beam to obtain the same $5'$ resolution as the NICER map, and then re-grid them to the extinction map grid of $2.5'$.

2.3. Column Density and Dust Temperature from IRAS

To estimate column density accurately from far-infrared (thermal) flux, one needs to also measure or calculate a temperature. Normally, this is accomplished by making measurements at two separated far-IR wavelengths, making assumptions about dust emissivity, and then calculating two "unknowns" (column density and temperature) from the two measurements of flux. In the happy case where extinction mapping offers an independent measure of column density over a wide region, the conversion of FIR flux ratios to column density and temperature can be optimized so as to minimize point-to-point differences in comparisons of extinction- and emission-dervied column density. The column densities and temperatures derived from dust emission that we use in this paper and in Goodman et al. (2007) come from the work of Schnee et al. (2005), who re-calibrated IRAS-based maps by using the 2MASS/NICER extinction maps discussed above to constrain the column density conversions.

The "IRAS" data used in Schnee et al. (2005) come from the the IRIS (Improved Reprocessing of the IRAS Survey; Miville-Deschênes & Lagache 2005) flux maps at 60 and 100 μm. The IRIS data have better zodiacal light subtraction, calibration and zero level determinations, and destriping than the earlier ISSA IRAS survey release.

There are two important caveats to apply to the FIR-based column density and temperature measurements we use here (applicable to previous work as well). First, the *column densities* are only optimized to reduce scatter in a *global* (Perseus-wide) comparison of dust extinction and emission measures of column density–they are still calculated based on the measured FIR fluxes at each point, and are thus not constrained to be identical to the 2MASS/NICER values. Second, the dust *temperatures* derived by this method are uncertain due to: 1) unavoidable line-of-sight temperature variations, which cause increased scatter in comparisons with extinction-based measures and also cause a bias toward slightly higher temperatures (see Schnee et al. 2006); and 2) the effect of emission from transiently heated Very Small Grains (see Schnee et al. 2007). That said, the column density and temperature estimates based on Schnee et al. (2005) and used in this paper do represent a dramatic improvement.

3.   Data Editing for Analysis

The total number of pixels with data in all maps is 3760. But in order to have high-quality data in every pixel of every map used in our analysis, we trim our maps to exclude particular positions where *any* data are not reliable. The procedure used in data editing is described in this Section.

3.1.   Extinction Map

Regions with both high stellar density and high extinction are typically associated with embedded populations of young stellar objects (YSOs). Thus, in creating extinction maps, including these regions, and assuming the stars there are background to the cloud and have "typical" near IR colors would be foolish. Among YSOs, the more evolved objects observable in J, H, and K bands could in principle still be used to measure the extinction, but the fact they are not background objects still produces an underestimation of the extinction. This affects the precision of the method much more than the non-stellar IR colors (infrared excess) of YSOs. Therefore, we exclude all the regions with a stellar density larger than 10 stars per pixel from our analysis. This criterion removes 11 pixels from our maps. In addition to this editing, we exclude a box around each of the two main clusters in Perseus: IC348 and NGC1333, removing another 158 pixels from our data, as is evident in Figure 3 see Table 1).

3.2.   Molecular Transitions

To remain in the analysis, pixels must have positive integrated intensities in both ^{12}CO and ^{13}CO and peak brightness temperatures of at least 10 and 5 times the RMS noise for ^{12}CO and ^{13}CO respectively.

Since ^{12}CO is more abundant than ^{13}CO, and self-shielding is more effective for the ^{12}CO (1-0) transition than for the ^{13}CO (1-0) transition, ^{12}CO emission is always more extended than ^{13}CO, both spatially and kinematically. In addition, ^{12}CO lines are more affected (broadened) by outflows and are optically-thicker than ^{13}CO. Thus, line-widths for ^{12}CO, $\sigma(^{12}\text{CO})$, should always be larger than those of ^{13}CO, $\sigma(^{13}\text{CO})$. As a result, we keep only positions with

$$\sigma(^{12}\text{CO}) > 0.8\,\sigma(^{13}\text{CO}) ,$$

where the 0.8 factor has been chosen to take into account the uncertainties in the line-width determination. The line-widths and central velocities of the spectra are obtained through

Gaussian fits. This filtering accounts for only for 108 out of the 610 pixels edited out in this study.

It is also important to note that we do not find any position with ^{12}CO and ^{13}CO integrated emission (above the 2-σ level) below 0.8 and 1.18 mag of extinction, respectively.

3.3. Final Data Set

The result of our editing leaves us with 3150 pixels (shown in Figure 3, see § 4 for details on color coding), out of an original 3720 pixels with ^{13}CO detections. Note that our pixels are 2× oversampled (see § 2.2), so that 3150 pixels amounts to 3150/4 independent measures.

4. Region Identification

In trying to study Perseus as one object, it became apparent that much of the scatter in both the X-factor and in ^{13}CO abundance is caused by region-to-region variations (see § 6.2 and § 6.3). So, we have divided the Perseus Molecular Cloud Complex into six regions with the help of Figure 2, which shows the ^{12}CO velocity, $V_{LSR}(^{12}CO)$ (the V_{LSR} of ^{12}CO and ^{13}CO are very similar) as a function of dust temperature, T_d, for all the Perseus data. In this way, we avoid arbitrary choices and minimize the data overlap among the different regions. As can be seen in Figure 2, the six regions cluster around characteristic values of V_{LSR} and T_d, so they are easily identified. Minor further refinements on the region definitions is done to keep the regions physically connected, as shown in Figure 3. This step is needed primarily because there are regions with two velocity components along the line of sight and the Gaussian fitting can spontaneously switch from one component to the other. The effect of the two components is clearly seen in the points below 2.5 km s^{-1} in Figure 2, where points from three different geographical regions are merged into a single region of $V_{LSR} - T_d$ space. In Figure 3 we show the final defined regions: B5, IC348, Shell, B1, NGC1333 and Westend. The Shell region is essentially the same as the shell–like feature discussed in Ridge et al. (2006b). Westend encompasses L1448, L1455 and other dark clouds in the South-West part of Perseus.

In Figure 4 we present the average ^{12}CO and ^{13}CO spectra for the whole cloud and each region, while in Table 2 we show the main properties derived from the average spectra. The central velocity and velocity dispersion are computed from the average ^{13}CO with a Gaussian fit. We can see how different the region averages are from each other and the

whole cloud. The gradient in central velocity across the cloud and the multiple components of the emission are clearly seen.

5. Analysis

5.1. Column Density Determination

To derive the H_2 column density, $N(H_2)$, we assume that: (i) all the hydrogen traced by the derived extinction is in molecular form; (ii) the ratio between $N(H)$ and $E(B - V)$ is 5.8×10^{21} cm^{-2} mag^{-1} as determined by Bohlin et al. (1978); and (iii) $R_V = 3.1$, to obtain

$$\frac{N(H_2)}{A_V} = 9.4 \times 10^{20} \text{ cm}^{-2} \text{ mag}^{-1} . \tag{2}$$

The ratio measured by Bohlin et al. (1978) was calculated only for low extinctions, and it is not clear whether extrapolating to higher extinction regions is wise. In addition, it is well known that R_V can increase up to values close to 4-6 in dense molecular clouds (see e.g. Draine 2003), but we assume $R_V = 3.1$ because it is the average value derived for the Milky Way and to facilitate comparison with previous works.

To estimate ^{13}CO column densities we assume that the emission is optically thin and in Local Thermodynamic Equilibrium (LTE). To estimate the LTE column density, we have to assume an excitation temperature, T_{ex}, and optical depth, τ.

In general, the intensity of an emission line, I_{line}, is

$$I_{line} = (S - I_0)(1 - e^{-\tau}), \tag{3}$$

where S is the source function and I_0 is the initial impinging radiation field intensity. The radiation temperature is defined as

$$T = I_\nu \frac{c^2}{2\nu^2 k} , \tag{4}$$

where I_ν is the specific intensity and the filling factor is assumed to be unity. Assuming that the source function and initial intensity are black-bodies (with $I_\nu = B_\nu$) at T_{ex} and $T_{bg} = 2.7$ K, respectively, then we can write

$$\begin{aligned}
T_{line} &= \left(\frac{c^2 B_\nu(T_{ex})}{2\nu^2 k} - \frac{c^2 B_\nu(2.7)}{2\nu^2 k} \right) (1 - e^{-\tau}) \\
T_{line} &= T_0 \left(\frac{1}{e^{T_0/T_{ex}} - 1} - \frac{1}{e^{T_0/T_{bg}} - 1} \right) (1 - e^{-\tau}) ,
\end{aligned} \tag{5}$$

where $T_0 = h\nu/k$.

Assuming that the ^{12}CO (1-0) transition is optically thick, $\tau \to \infty$, and that $T_{max}(^{12}$CO$)$ is the main beam brightness temperature at the peak of ^{12}CO, we can derive the excitation temperature using eq. (5)

$$T_{ex} \quad = \quad \frac{5.5 \text{ K}}{\ln\left(1 + 5.5 \text{ K}/(T_{max}(^{12}\text{CO}) + 0.82 \text{ K})\right)}, \tag{6}$$

where 5.5 K$\equiv h\nu(^{12}$CO$)/k_{\rm B}$, with $\nu(^{12}$CO$)$=115.3 GHz, the frequency of the ^{12}CO (1-0) line.

Assuming that the excitation temperature of the ^{13}CO (1-0) line is the same as for the ^{12}CO (1-0) line, the optical depth of ^{13}CO (1-0) can be derived from eq. 5,

$$\tau(^{13}\text{CO}) \quad = \quad -\ln\left(1 - \frac{T_{max}(^{13}\text{CO})/5.3 \text{ K}}{1/(e^{5.3 \text{ K}/T_{ex}} - 1) - 0.16}\right), \tag{7}$$

where $T_{max}(^{13}$CO$)$ is the main beam brightness temperature at the peak of ^{13}CO.

The formal error for the excitation temperature, $\sigma(T_{ex})$, is

$$\sigma(T_{ex}) = \frac{\left[T_{ex}/\left(T_{max}(^{12}\text{CO}) + 0.82\right)\right]^2}{1 + 5.5/\left(T_{max}(^{12}\text{CO}) + 0.82\right)} \sigma_{12}, \tag{8}$$

where σ_{12} is the error in the ^{12}CO peak temperature determination. We estimate that σ_{12} is $0.15\,T_{max}(^{12}$CO$)$ to account for the calibration uncertainty.

Using the definition of column density Rohlfs & Wilson (1996) and expressions (6) and (7), we derive the ^{13}CO colum density as

$$N(^{13}\text{CO}) = \left(\frac{\tau(^{13}\text{CO})}{1 - e^{-\tau(^{13}\text{CO})}}\right) 3.0 \times 10^{14} \frac{W(^{13}\text{CO})}{1 - e^{-5.3/T_{ex}}} \text{ cm}^{-2}, \tag{9}$$

where the $W(^{13}$CO$)$ is the integrated intensity along the line of sight in units of K km s^{-1}. This approximation is accurate to within 15% for $\tau(^{13}$CO$) < 2$ (Spitzer 1968), and always overestimates the column density for $\tau(^{13}$CO$) > 1$ (Spitzer 1968).

In the determination of the ^{13}CO column density, we use the derived excitation temperature instead of the dust temperature because the dust and gas are only coupled at volume densities above $\simeq 10^5$ cm^{-3} (e.g. Goldsmith 2001), which are typically not traced by ^{12}CO and ^{13}CO (1-0) data. Moreover, if the volume density of the gas falls below a few times 10^3 cm^{-3} (the critical density of the 1-0 transition), the ^{12}CO lines are expected to be subthermally excited.

5.2. Curve of Growth

Assuming LTE, the photon escape probability for a slab as a function of optical depth, $\beta(\tau)$, can be written as (Tielens 2005)

$$\beta(\tau) = \begin{cases} (1 - \exp(-2.34\,\tau))/4.68\,\tau & \tau < 7 \\ 1/4\tau \left[\ln\left(\frac{\tau}{\sqrt{\pi}}\right) \right]^{1/2} & \tau > 7 \end{cases} , \tag{10}$$

and the Doppler broadening parameter, b, is related to the atomic weight, A, and the gas temperature,T, by

$$b = \sqrt{\frac{2\,k\,T}{m}} = 0.1290 \sqrt{\frac{T}{A}} \; \mathrm{km\,s^{-1}} , \tag{11}$$

where m is the mass of the observed molecule.

The curve of growth relates the optical depth and the Doppler broadening parameter, b, with the integrated intensity, W, by

$$W = \int T_{MB}\,dv = T_R\,b\,f(\tau) , \tag{12}$$

where

$$f(\tau) = 2 \int_0^\tau \beta(\tilde{\tau})\,d\tilde{\tau} \tag{13}$$

in the Rayleigh-Jeans regime. In the above expressions T_{MB} is the main beam brightness temperature (which is equal to T_{line} for a filling factor of unity) and T_R is the radiation temperature.

Assuming that ^{13}CO emission is optically thin and that the ratio between ^{13}CO and ^{12}CO is constant in the region, we can write the optical depth as

$$\tau(^{12}\mathrm{CO}) = a\,W(^{13}\mathrm{CO}) , \tag{14}$$

where a is the conversion between $W(^{13}\mathrm{CO})$ and ^{12}CO optical depth.

6. Results

6.1. Curve of Growth Analysis

As shown by Langer et al. (1989) in B5, ^{12}CO and ^{13}CO integrated intensities are correlated and seem to be well described by the curve of growth (Spitzer 1978). In Figure 5

we show ^{12}CO and ^{13}CO integrated intensities for Perseus and individual regions defined in § 4. We perform a fit of the ^{12}CO integrated intensity with a growth curve

$$W(^{12}\mathrm{CO}) = T_R\, b \int_0^{aW(^{13}\mathrm{CO})} 2\beta(\tilde{\tau})d\tilde{\tau} \qquad (15)$$

and present the fit results in Table 3 and Figure 5.

The fits for the growth curve are very good if we keep in mind that the model we are trying to use is very simplistic. However, it is clear that the correlation is better in the individual regions than in the complex as a whole, with the exception of Westend in which the fit is less good. Our results for B5 nicely agree both in shape and amplitude with Langer et al. (1989) (red solid line in Figure 5).

From the fit results we see that for gas at 12 K (see § 6.5) the derived Doppler parameters for B5, IC348, B1 and Westend are in reasonable agreement with σ_V values listed in Table 2. In NGC1333 and the Shell a larger Doppler parameter is expected because the emission comes from multiple components, as seen in Figure 4.

6.2. Using ^{12}CO to derive A_V

The integrated intensity along the line of sight of the ^{12}CO (1-0) transition, $W(^{12}\mathrm{CO})$, is often used to trace the molecular material. The conversion factor X,

$$N(\mathrm{H_2}) = X\, W(^{12}\mathrm{CO}), \qquad (16)$$

is derived, and to compare with previous results (e.g. Dame et al. 2001) it is calculated as

$$X = \left\langle \frac{9.4 \times 10^{20}\, A_V}{W(^{12}\mathrm{CO})} \right\rangle . \qquad (17)$$

However, the ^{12}CO emission saturates at $A_V \sim 4$ mag in every region, as shown from Figure 6. Therefore, we perform the estimation of the X factor in two ways: (i) for all the points, and (ii) for only those points with $A_V < 4$ mag, where the column density can still be traced.

Figure 6 also shows that there is a threshold value of extinction below which no ^{12}CO emission is detected. To take this into account we fit the linear function

$$A_V = A_{V12} + X_2 \frac{W(^{12}\mathrm{CO})}{9.4 \times 10^{20}}, \qquad (18)$$

where A_{V12} is the minimum extinction below which there is no ^{12}CO emission and X_2 is the slope of the conversion (comparable to the X factor). The linear fit is performed using the

bivariate correlated errors and intrinsic scatter estimator (BCES), which takes into account errors in both axes and provide the least biased estimation of the slopes (Akritas & Bershady 1996). The results of the X factor and the linear fits are presented in Table 4. In Figure 6, we only show the results for points with $A_V < 4$ mag: a dotted line for the standard X factor and a dashed line for the linear fit.

The values derived for X using all the points (as previously done in the galactic determinations of X) are in agreement with the mean value of $(1.8 \pm 0.3) \times 10^{20}$ cm^{-2} K^{-1} km^{-1} s derived by Dame et al. (2001) for the Milky Way. However, this fit is not good in the unsaturated regime ($A_V < 4$ mag). Performing a linear fit to all of the data, including the saturated emission, can give unreasonable solutions, such as a negative minimum extinction needed to produce ^{12}CO (1-0) integrated intensity.

The linear fit performed to positions with $A_V < 4$ mag gives the best estimate for the extinction in the unsaturated regions but only provides a lower limit extinction estimate for the saturated regime, while the standard X factor provides a poor description of the data in both saturated and unsaturated regime. From the histogram of the errors associated with the conversions derived with positions $A_V < 4$ shown in bottom panels of Figure 6, we see that the linear fit (open histogram) provides a more unbiased estimated of the extinction than the X factor (filled histograms). This improvement in the precision of the extinction estimate goes along a reduction in the errors. The width of a Gaussian fitted to the histograms of the regions implies a typical error of 40% and 25% for the X factor and the linear fit, respectively. Performing the same analysis on the histograms of the whole cloud gives an error of 59% and 38% for the X factor and the linear fit, respectively.

However, as we can see from Figure 6 the linear relation is not very accurate for $A_V > 4$ mag. Therefore, following the simplest solution of radiative transfer

$$I = I_0 \left(1 - e^{-\tau}\right) \ ,$$

we fit to our data with

$$W(^{12}\mathrm{CO}) = W_0 \left(1 - e^{-k(A_V - A_{k12})}\right) \ , \tag{19}$$

where W_0 is the integrated intensity at saturation, A_{k12} is the minimum extinction needed to get ^{12}CO emission, and k is the conversion factor between the amount of extinction and the optical depth. We perform an unweighted fit of the function to the data. We present the best parameters in Table 5 and are shown as solid curves in Figure 6. We note that the threshold extinction shows a large scatter, even in the more accurate non-linear fit. This suggests that different environmental conditions are causing the observed scatter (see § 7).

6.3. Using ^{13}CO to derive H$_2$ column densities

We expect the ^{13}CO (1-0) transition to be optically thin at low extinction. If this is the case, a simple linear relation between the integrated intensity of ^{13}CO and A_V should fit the data,

$$A_V = W(^{13}\text{CO})\,B_{13} + A_{W13} \ . \tag{20}$$

The fit is done using the BCES algorithm for points with $A_V < 5$ mag because there is some saturation in the emission. The results are presented in Table 6 and in Figure 7. Once again, we find that the minimum extinction needed to detect ^{13}CO and the slope of the linear relation changes between the regions, though the variation is smaller than with the ^{12}CO data. From Figure 7 we can clearly see the effect of saturation around 5 mag of extinction in IC348 and B1, similar to what was reported by Lada et al. (1994) in the more distant IC 5146, with comparable linear resolution. When comparing our results with the linear fit derived by Lada et al. (1994) we see that the fit parameters are quite different, suggesting that the IC 5146 cloud is quite different than Perseus. The linear fit for IC 5146 would indicate that for a region without extinction there is molecular emission, suggesting that the linear fit has been affected by points with saturated emission or that the fit errors are largely underestimated. Comparing our result for B5 with Langer et al. (1989), we find that the slopes are slightly different, but this can be reconciled by performing the linear fit taking all the points ($B_{13} = 0.37 \pm 0.1$, $A_{W13} = 1.45 \pm 0.04$) as done by Langer et al. (1989). However, the fit performed by Langer et al. (1989) was done using the extinction map derived by Bachiller & Cernicharo (1986), that is limited by A_V values below 5 mag of visual extinction (due to a lack of detectable background stars). Also, given that their molecular data has a better resolution ($1.5'$) than the extinction map ($2.5'$), they interpolated the ^{13}CO to the extinction positions instead of smoothing the data to the same resolution. Finally, the threshold extinction value differs from previous measurements mainly because it is hard to accurately define the zero point for extinction maps derived from optical star counting (as already mentioned Schnee et al. 2005, reported a difference of ~ 0.8 mag).

Following the column density determination shown in § 5.1, which takes into account the effect of optical depth and excitation temperature, we investigate the relation between $N(^{13}\text{CO})$ and A_V, fitting a linear function to the data,

$$A_V = N(^{13}\text{CO})\,c + A_{V13}, \tag{21}$$

where c and A_{V13} are the parameters of the fit. From the fit we can derive the ratio of abundances between H$_2$ and ^{13}CO as

$$\left[\frac{\text{H}_2}{^{13}\text{CO}}\right] = 9.4 \times 10^{20}\,c \ . \tag{22}$$

The result for the fit over the whole cloud and by regions is shown in Figure 8, and in Table 7 we present the best fit parameters. When performing the fit we estimate the error associated with the ^{13}CO column density as a 15%, due to the uncertainty in the calibration.

As shown in Figure 8, this relation presents a larger scatter, which is also present in individual regions (and it is consistent with previous work; see e.g. Combes 1991). As already pointed out, selective photodissociation and/or chemical fractionation can alter the simple linear relation at low A_V values, whereas optical depth may start to be large at high A_V (see e.g. the tendency of $N(^{13}\mathrm{CO})$ to flatten out at $A_V > 5$ mag in B5, IC348 and B1).

We derive ^{13}CO abundance from the fits, and we see significant variations from region to region (see Table 7). We do not find a correlation between the abundance and the threshold A_{V13}. This suggests that ^{13}CO *abundance variations are mainly due to different chemical/physical properties in the inner regions of the cloud at $A_V > A_{V13}$.*

Comparing our results with those in Table 7, we see that the abundances agree very well, within errors, with previous values reported in Perseus, taking also into account the ~ 0.8 mag difference found by Schnee et al. (2005). This difference is produced by the difficulty in defining the zero level of extinction, which is harder in the optical star counting method than using NICER. The extinction threshold derived for Perseus is close to the one derived for ρ-Oph by Frerking et al. (1982), but they do not have any data at A_V below 2.5 mag and their determination has been done only for points with $A_V > 4$ mag.

6.4.   Using $\mathrm{C}^{18}\mathrm{O}$ to derive H_2 column densities

We fit a linear relation between the integrated intensity of $\mathrm{C}^{18}\mathrm{O}$ and A_V,

$$A_V = W(\mathrm{C}^{18}\mathrm{O})\, B_{18} + A_{W18} \; . \tag{23}$$

The fit results are presented in Table 8 and in Figure 9. We find that, as in the case of ^{12}CO and ^{13}CO, both parameters (extinction threshold and slope) varies between regions. However, due to the fewer points available per region the errors are larger than for previous fits.

Despite the small number statistics, we still can see that $\mathrm{C}^{18}\mathrm{O}$ is fairly linear up to at least 10 mag. When comparing our results with the linear fit derived by Lada et al. (1994), we see that the fit parameters are quite different. However, they performed the fit over a wider A_V range (up to 15 mag) and it is possible that despite their efforts the fit could have been affected by emission with higher optical depth.

Langer et al. (1989) derived a fit in B5, unfortunately, we don't have coverage for B5, and therefore no direct comparison can be done. Nevertheless, we find that the threshold extinction value derived for B5 is systematically lower than the values derived here for other regions (similar to what is found in ^{13}CO) while the slope is in agreement (within the error bars) with the parameters derived for here.

6.5. ^{12}CO $(1-0)$ Excitation Temperature vs. Extinction

Being collisionally excited, the excitation temperature of ^{12}CO (1-0) is expected to increase as we move from the outskirts of the cloud, where the extinction and volume densities may be lower than the critical density for the ^{12}CO (1-0) transition, to the most extinguished and densest regions, where ^{12}CO (1-0) is in LTE and faithfully traces the gas kinetic temperature.

The excitation temperature, derived using ^{12}CO and eq. 6, is shown as a function of the visual extinction in Figure 10. In addition we plot the median dust temperature computed in bins of extinction as horizontal lines. When all the points are plotted (left panel of Figure 10) there is a poor correlation between excitation temperature and extinction. This is a direct result of mixing very different environments within the cloud in one plot. In fact, from the right panel of Figure 10, where the excitation temperature and visual extinction are plotted for individual regions, it is clear that the scatter is significantly lower and the excitation temperature rises from ~ 5 K at low A_V (~ 2 mag) up to a temperature close to the derived dust temperature in positions with $A_V > 4$. The more quiescent regions (B1 and B5) present a smaller dispersion, whereas more active regions (IC348 and NGC1333) present a larger spread in the excitation temperature, probably because of the larger variation of physical conditions along the line of sight and/or the multiple velocity components. The region labeled as "Westend" has a very low excitation temperature when compared with the rest of the cloud. As shown in the right panel, in individual regions the dust temperature does not change more than approximately one degree except in the "Shell" which shows a steady increase with A_V, and in NGC1333 where a peak of the dust temperature is present at $A_V \sim 8$ mag, probably due to the internal heating produced by the nearby embedded cluster. On the other hand, the ^{12}CO excitation temperature ranges between 5 and 20 K.

It is important to note that almost all the points lie below the median dust temperature of the region, indicating that ^{12}CO is tracing gas at volume densities well below 10^5 cm^{-3}, the lower limit to have dust and gas coupling (Goldsmith 2001). The average excitation temperature for points above 4 mag is 13.5 K, while the standard deviation is 2.3 K. We count the number of positions where the ^{12}CO emission is sub-thermal ($T_{ex} < 11.5$ K)

obtaining that it is ~ 60 %. Westend is a region with ^{12}CO excitation temperature always below the dust temperature, this could be due to lower fraction of high density material compared to the other regions. It is interesting that in the regions in the North-East part of the cloud (B5, IC348 and Shell) the dust temperature is closer to 17 K while in the South-West part (B1, NGC1333 and Westend) it is closer to 16 K, suggesting variations in the ISRF across the Perseus Complex.

7.   Modeling using PDR code

To relate the observed variations in the ^{12}CO and ^{13}CO lines with changes in the physical properties of the regions, we use the Meudon PDR code (Le Petit et al. 2006)[1]. This code includes most physical effects by explicit calculation, in particular it calculates the ^{12}CO shielding, unlike the majority of other codes available (e.g. Röllig et al. 2007), where fitting formulae are used instead.

We use the abundances derived by Lee et al. (1998) (see in table 9) for clouds with high metals abundances (more appropriate for the material traced by ^{12}CO and ^{13}CO) a ^{12}C/^{13}C abundance ratio of 80 and a cosmic-ray ionization rate of $\zeta = 10^{-17}$ s^{-1} (a ζ value 6 times larger than the adopted one has also been considered, but found to not change the results by more than 10%, see Appendix). To reproduce the observed [H$_2$/^{13}CO] ratio we increased the ^{12}C abundance by a factor of 1.8 compared to Lee et al. (1998). To create curves of integrated intensity as a function of A_V, we run PDR models with different extinctions (A_V= 0.5, 1, 1.5, 2, 2.5, 3, 4, 5, 8, 10 mag). Each PDR calculation is performed over a grid of parameters, assuming a slab of constant density illuminated on both sides: (1) The turbulent velocity is fixed to the Doppler parameter derived from the curve of growth fit assuming $T_R = 12$ K for each region (see Table 3). (2) The volume density $n = 10^3, 5 \times 10^3, 10^4, 5 \times 10^4$ cm^{-3}. (3) The radiation field is $\chi = 1$ and 3 times the standard Draine's radiation field (Draine 1978) (other χ values have been explored and reported in the Appendix).

The observed values of $W(^{12}$CO$)$, $W(^{13}$CO$)$ and $W(^{12}$CO$)/W(^{13}$CO$)$ as a function of A_V are compared with the models results in Figure 11. To perform this comparison, the PDR code output, $I = \int I_\nu d\nu$, is converted using the definition of brightness temperature (eq. 4):

$$W = \int T_R \, dv = \frac{I \, c^2}{2\nu_0^2 k} \frac{c}{\nu_0} = \frac{c^3}{2\nu_0^3 k} I \ , \tag{24}$$

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[1]Available through http://aristote.obspm.fr/MIS/

and the ratio can be expressed as

$$\frac{W(^{12}\text{CO})}{W(^{13}\text{CO})} = \left(\frac{\nu(^{13}\text{CO})}{\nu(^{12}\text{CO})}\right)^3 \frac{I(^{12}\text{CO})}{I(^{13}\text{CO})} \tag{25}$$

First, we note that PDR models are reasonably good in reproducing ^{12}CO and ^{13}CO observations, if one allows for variations in densities along different line of sights. One exception is NGC1333, where the points with "excess" in ^{13}CO emission are associated with positions just South of the NGC1333 stellar cluster, where a second velocity component is observed. This produces less saturation in the ^{13}CO emission. Secondly, in the case of ^{13}CO, the Doppler parameter (shown in bottom panels of Figure 11) does not affect the results of PDR models within 10%, whereas for ^{12}CO differences of $\leq$40% are present above 2 mag of visual extinction. In fact, the ^{12}CO line is optically thick, thus an increase in the line-width produces a significant increase in the line brightness because of the optical depth reduction. The insensitivity of ^{13}CO integrated intensity to variations of the turbulent line-width leaves the *density and radiation field as the two possible causes of the observed differences between the regions.*

In Figure 11 we show only the effects of density with $\chi = 1$. Small variations (within a factor of 3) of the radiation field intensity, slightly shift the curves to higher or lower A_V, if the radiation field is larger or smaller, respectively. The main conclusions for individual regions are listed below:

- B5: this is the most quiescent region in the whole Perseus complex. The best fit for the $W(^{12}\text{CO})$ is a PDR model of a cloud with a narrow range of density change, between $5 \times 10^3 - 10^4$ cm^{-3}, values consistent with previous analysis. A similar density range is found for $W(^{13}\text{CO})$ at $A_V < 4$ mag, whereas 5×10^4 cm^{-3} is better to reproduce the emission at larger extinctions (higher density regions are mainly responsible for the ^{13}CO emission at $A_V > 4$ mag). We note that the integrated intensities of the two CO isotopologues approach (with increasing A_V) the lowest values in the whole sample, suggesting that denser material is hidden to view because of photon trapping in the narrow range of velocities observed in this region.

- IC348: in this cluster-forming region, the density spread is larger than in B5, with values ranging between few $\times 10^3$ and $\simeq 10^4$ cm^{-3}. Similarly, the ^{13}CO at low $A_V (< 4$ mag) are reproduced by models with $10^3 - 10^4$ cm^{-3}, but densities larger than 5×10^4 cm^{-3} are needed for points above 4 mag. However, we should point out that the points at $A_V > 7$ mag and $W(^{13}\text{CO}) > 12$ K km s^{-1} lie next to the embedded cluster, so that local heating and enhanced turbulence are probably increasing the

^{13}CO brightness (the flattening of the $W(^{13}$CO$)$ vs. A_V curve is in fact less pronounced than in the case of B5, suggesting less optical depth). Thus, proto-stellar activity is locally affecting the ^{13}CO emission, but not the ^{12}CO.

- Shell: This region shows the largest spread in density for ^{12}CO at all values of A_V from 10^3 to about 3×10^4 cm^{-3}. At $A_V > 5$ mag the data groups around two separate values of $W(^{12}$CO$)$: ~ 35 and 55 K km s^{-1}. The former group is associated with the (outer) shell reported in dust emission by Ridge et al. (2006b), whereas the latter is located in the inner part of shell, maybe exposed to a larger radiation field causing more dissociation of CO molecules. The ^{13}CO emission appears similar to IC348, with the exception of points located at low $W(^{13}$CO$)$ (below 4 K km s^{-1}) and $A_V > 4$ mag which are again associated with the inner part of the Shell. This also suggests some further destruction process for the ^{12}CO.

- B1: The ^{12}CO emission is consistent with material at densities between $5 \times 10^3 - 3 \times 10^4$ cm^{-3}. Compared with B5, the B1 region shows brighter ^{12}CO lines at lower (as well as higher) extinction. This is probably related to the larger Doppler parameter of B1. Several data points at low A_V (<2 mag) are well reproduced by PDR models of dense clouds. The need of high densities at low A_V also appears in the ^{13}CO panel.

- NGC1333: this is the most active star forming site in the whole Perseus cloud and the behaviour of the ^{12}CO and ^{13}CO integrated intensities as a function of A_V is in fact significantly different when compared to the other regions. First of all, the densities required in the PDR code to match the data are mostly above 10^4 cm^{-3}, both for the ^{12}CO and ^{13}CO emission. Secondly, the saturation of the ^{12}CO line becomes evident only at $A_V > 6$ mag (unlike ~ 4 mag, as in the other regions). Here, similarly to what seen in B1, non-thermal motions driven by the embedded protostellar cluster are broadening the CO lines, allowing photons from deeper in the cloud to escape. The effect is more pronounced than in B1, consistent with the fact that NGC 1333 has the largest Doppler parameter among the six regions. We further note that, unlike in IC348, also the ^{12}CO (1-0) integrated intensity is affected by the internal star formation activity, significantly reducing the saturation and enhancing the brightness at large A_V. Internal motions, likely driven by protostellar outflows, are thus more pronounced in NGC 1333 than in IC348, likely because of the larger star formation activity.

- Westend: this is the only region where no data points are present at $A_V > 6$ mag, and the ^{12}CO, as well as the ^{13}CO, integrated intensity shows a large scatter between A_V of 1 and 6 mag. These two facts are consistent with an overall lower density and probably clumpy medium, where relatively small high density clumps are located along

some line of sights, whereas a significant fraction of the data (19% of points in ^{12}CO) can be reproduced by uniform PDR model clouds with densities below 5×10^3 cm^{-3}.

In general, model predictions for ^{13}CO (1-0) can only well reproduce the observed emission at low extinction ($A_V < 3$ mag). The complex structure of active star forming regions, in particular density and temperature gradients as well as clumpiness along the line of sight (all phenomena not included in the PDR code) can of course contribute to the deviations from the uniform PDR models. We point out again that the largest Doppler parameters, i.e. the largest amount of non–thermal (turbulent?) motions, are present in active regions of star formation, so their nature appears to be linked to the current star formation activity and not to be part of the initial conditions in the process of star formation.

In the bottom panel of Fig. 11, the $W(^{12}$CO$)/W(^{13}$CO$)$ ratio is shown as a function of A_V for the six regions. The PDR models appear to well reproduce the integrated intensity ratio, for a broad range of A_V. However, as we just saw, the ^{13}CO data preferentially trace higher density material than ^{12}CO lines, so we should look at these curves with caution. One thing to note in these plots is the large fraction of points at low A_V and low $W(^{12}$CO$)/W(^{13}$CO$)$ which lie outside the PDR model curves, in particular for B5, NGC 1333, and Westend. A way to reproduce these data points is by decreasing the interstellar radiation field by a factor of a few. Alternatively, it is possible that these lines of sight intercept material where the ^{13}C carbon is still partially in ionized form, so that the reaction ^{13}C$^+ + ^{12}$CO $\rightarrow$ ^{12}C$^+ + ^{13}$CO$+\Delta$E (with $\Delta E/k = 37$ K; Watson 1977) can proceed and enhance the ^{13}CO abundance relative to ^{12}CO.

We finally note here that Bell et al. (2006) have theoretically investigated the variation of the X factor using UCL_PDR and Meudon PDR codes. They argue that variations in X can be due to variations in physical parameters, such as the gas density, the radiation field and the turbulence, in agreement with our findings.

8. Summary and Conclusions

Using the FCRAO ^{12}CO, ^{13}CO and C^{18}O data, and a NICER extinction map produced by COMPLETE we perform a calibration of the column density estimation using ^{12}CO, ^{13}CO and C^{18}O emission in Perseus. We report the following results:

- We find a parameter space, $V_{LSR}(^{12}$CO$)$–T_d, in which different spatial regions of the Perseus Molecular Cloud Complex also cluster, and we designate six regions within the complex (see Figures 2 and 3). We note that the dust temperature decreases by about

1 K from North East to South West.

- The ^{12}CO data can be modeled with a curve of growth. The fit parameters vary between the six regions and this causes much of the scatter in the $W(^{12}$CO) vs. $W(^{13}$CO) plot of the whole Perseus Complex. The parameters derived from the fits agree with a previous study of a sub-region of Perseus (B5) to within errors (see Figure 5).

- The X factor, $X \equiv N(\mathrm{H_2})/W(^{12}\mathrm{CO})$, is derived from linear fits to the data both for the whole Perseus Complex and for the six regions. The ^{12}CO saturates at different intensities in each region, depending on the velocity structure of the emission, the volume density and radiation field. When the linear fit is done only for the unsaturated emission, the X factor is smaller than that derived for the Milky Way. However, larger values are obtained (closer to that found in the Milky Way) if all the points are included in the fit (see Figure 6 and Table 4). The most active star forming region in Perseus (NGC 1333) has the lowest X factor and the largest ^{13}CO abundance among the six regions.

- The gas excitation temperature varies from 4 K to 20 K, it increases with A_V, and it is typically below the dust temperature at all A_V. This can be explained if a fraction ($\simeq 60\%$) of the ^{12}CO (1-0) lines is sub-thermally excited, i.e. if the ^{12}CO- emitting gas has volume densities below $\simeq 3 \times 10^3$ cm^{-3}.

- The column density of ^{13}CO is derived taking into account the effect of optical depth and excitation temperature. We find that the threshold extinction above which ^{13}CO (1-0) is detected is larger than has previously been reported. However, the fractional abundances (w.r.t. H$_2$ molecules) are in agreement with previous determinations. The difference with previous works is due to the superior zero-point calibration and larger dynamic range of the NICER extinction map, as compared to those derived from optical star counting (see Figure 8 and Table 7).

- ^{13}CO abundance variations between the regions do not correlate with the extinction threshold A_{V13}, suggesting that the main cause of the variation is likely due to the chemical/physical properties of shielded molecular material deeper into the cloud. The ^{12}CO (1-0) and ^{13}CO (1-0) lines saturates at $A_V > 4, 5$ mag, respectively, whereas C^{18}O (1-0) line do not show signs of saturation up to the largest A_V probed by our data (A_V 10 mag).

- Using the Meudon PDR code we find that the observed variations among the different regions can be explained with variations in physical parameters, in particular the volume density and internal motions. Large Doppler parameters imply large values of the

CO integrated intensities (as expected for very optically thick lines) and are typically found in active star forming regions (the largest values of the Doppler parameter and $W(^{12}\mathrm{CO})$ being associated with NGC 1333, the most active site of star formation in Perseus). On the other hand, quiescent regions such as B5 appears less bright in CO and only show a narrow range of CO integrated intensities as a function of A_V. This is likely due to the fact that the photons emitted from the higher density regions located deep into the cloud have similar velocities relative to the outer cloud envelope traced by $^{12}\mathrm{CO}$, so that they are more easily absorbed. Thus, turbulent (or, more generally, non-thermal) motions appear to be a by-product of star formation, more than part of the initial conditions in the star formation process.

The results of this work can be used to better estimate the masses for molecular clouds and cores. For example, the use of a standard X factor, $1.8 \times 10^{20}\,\mathrm{cm}^{-2}\,\mathrm{K}^{-1}\,\mathrm{km}^{-1}\,\mathrm{s}$, produces an overestimation of the cloud's mass by an $\sim 45\%$ when compared to the mass derived from the extinction map, while the lower limit for the mass derived using the linear fit to the unsaturated points underestimates the mass by a $\sim 15\%$. Also, we stress that the X factor (as well as the $^{13}\mathrm{CO}$ fractional abundance) depends on the star formation activity, with lower values associated with the more active (and turbulent) regions. Extinctions measured by using $^{13}\mathrm{CO}$ and previous conversions from the literature are typically underestimated by ~ 0.8 mag, so that more shielding is needed to produce the observed $^{13}\mathrm{CO}$ compared to previous findings.

A.   Effect of χ and ζ variation

In Sect. 7 we have explored how changes in volume density and Doppler parameter affect the $^{12}\mathrm{CO}$ (1-0) and $^{13}\mathrm{CO}$ (1-0) integrated intensities ($W(^{12}\mathrm{CO})$, $W(^{13}\mathrm{CO})$) predicted by the Meudon PDR code. Here we show the effects of variations in the interstellar radiation field intensity, in units of Draine's field (χ), and the cosmic-ray ionization rate (ζ) on $W(^{12}\mathrm{CO})$ and $W(^{13}\mathrm{CO})$. Fig. 12 shows the results of this parameter space exploration in the particular case of B5 and volume density of 5×10^3 cm^{-3} (similar results apply to the other regions

and different densities). The upper panels display the model results for χ values of 0.5, 1, 5 and 10: the main change is visible at $A_V < 4$ mag, with a shift of the threshold extinction for ^{12}CO and ^{13}CO emission from about 1 to 3 mag for an increase of χ from 0.5 to 10, respectively.

The cosmic-ray ionization rate used in the PDR models described in Sect. 7 is $\zeta = 1 \times 10^{-17}$ s^{-1}. This value is quite uncertain and Dalgarno (2006) suggests a higher rate of 6×10^{-17} s^{-1} for molecular clouds (see also van der Tak & van Dishoeck 2000). In the bottom panels of Fig. 12, we show the predicted $W(^{12}$CO$)$ and $W(^{13}$CO$)$ curves for $\zeta = 6 \times 10^{-17}$ s^{-1}. The larger ζ value does not affect the CO emission at $A_V \leq 3$ mag, and only changes the integrated intensities by about 30%. Thus, the effect is not large enough to explain the largest $W(^{13}$CO$)$ values.

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Table 1.   Clusters Regions Removed

Region	Center R.A. (deg)	Center Decl. (deg)	Box Size (deg^2)
IC 348	56.088	32.171	0.480×0.426
NGC 1333	52.212	31.483	0.397×0.496

Table 2.   Typical Properties of the Regions from Average Spectra

Region	$W(^{12}CO)$ (K km s^{-1})	$T_{max}(^{12}CO)$ (K)	$V_{LSR}(^{12}CO)$ (km s^{-1})	$\sigma_V(^{12}CO)$ (km s^{-1})	$W(^{13}CO)$ (K km s^{-1})	$T_{max}(^{13}CO)$ (K)	$V_{LSR}(^{13}CO)$ (km s^{-1})	$\sigma_V(^{13}CO)$ (km s^{-1})	T_{ex} (K)	$\tau(^{13}CO)$
B5	7	3.4	9.85	0.89	1.7	1.05	9.99	0.67	12	0.31
IC348	9	3.4	9.03	1.15	2.6	1.07	8.99	0.95	12	0.38
Shell	11	2.8	8.78	1.44	2.2	0.64	8.73	1.30	11	0.29
B1	12	2.9	6.71	1.52	1.7	1.05	6.83	0.99	12	0.35
NGC1333	14	3.0	6.67	1.83	2.6	0.73	7.06	1.38	11	0.31
Westend	9	2.2	4.17	1.91	2.0	0.65	4.58	1.19	9.4	0.44
Perseus	11	1.6	7.22	2.68	2.3	0.42	7.67	2.15	11	0.35

Note. — $W \equiv$ integrated intensity. $T_{max} \equiv$ peak brightness temperature. $V_{LSR} \equiv$ centroid velocity. $\sigma_V \equiv$ velocity dispersion. $\sigma_V \equiv$ velocity dispersion ($= \Delta v / \sqrt{8 \ln 2}$, where Δv is the full width at half maximum). $T_{ex} \equiv$ excitation temperature derived from ^{12}CO. $\tau \equiv$ ^{13}CO optical depth. The 1-σ uncertainty for integrated intensity, peak brightness and excitation temperature is estimated between 15 and 30%.

Table 3.   Parameters for Growth Curve Fit

Region	a $(\mathrm{K^{-1}\,km^{-1}\,s})$	$T_R b$ $(\mathrm{K\,km\,s^{-1}})$
B5	0.56±0.03	19.9±0.6
IC348	0.31±0.01	29.2±0.6
Shell	0.22±0.01	39±1
B1	0.53±0.02	30.2±0.6
NGC1333	0.123±0.006	69±3
Westend	0.419±0.03	24.0±0.9
Perseus	0.290±0.005	32.8±0.4

Table 4.   Linear fits to ^{12}CO

Region	$X/10^{20}$ $(\mathrm{cm^{-2}\,K^{-1}\,km^{-1}\,s})$	A_{V12} (mag)	$X_2/10^{20}$ $(\mathrm{cm^{-2}\,K^{-1}\,km^{-1}\,s})$
Fit performed to the whole dataset			
B5	1.8±0.8	-0.1±0.2	1.7±0.2
IC348	2±1	0.2 ±0.1	1.8±0.1
Shell	2±1	0.9±0.1	1.12±0.09
B1	1.3±0.7	-1.3±0.2	1.6±0.1
NGC1333	0.9±0.3	-0.5±0.2	0.93±0.07
Westend	1.2±0.6	-1.5±0.3	1.8±0.4
Perseus	1.5±0.9	-0.66±0.09	1.49±0.07
Fit performed to points where $A_V < 4$			
B5	1.8±0.8	0.94±0.07	1.0±0.1
IC348	2±1	1.70±0.05	0.72±0.07
Shell	2±2	1.6±0.1	0.7±0.1
B1	1.3±0.8	1.07±0.05	0.60±0.06
NGC1333	0.9±0.3	0.59±0.06	0.57±0.06
Westend	1.1±0.4	-0.3±0.2	1.2±0.3
Perseus	1±1	0.76±0.06	0.77±0.06
Previous works			
Galaxy (1)	2.8±0.4	⋯	⋯
ρ-Oph (2)	1.8±0.1	⋯	⋯
Galaxy (3)	1.8±0.3	⋯	⋯
Pipe (4)	⋯	2.02±0.02	1.06±0.02

References. — (1) Bloemen et al. (1986); (3) Frerking et al. (1982); (3) Dame et al. (2001); (4) Lombardi et al. (2006);

Table 5.   Parameters for ^{12}CO Fit

Region	W_0 (K km s^{-1})	k (mag^{-1})	A_{k12} (mag)
B5	29.62	0.549	1.075
IC348	35.59	0.477	1.566
Shell	56.10	0.220	1.054
B1	42.32	0.698	1.255
NGC1333	67.27	0.370	0.742
Westend	29.07	0.616	0.103
Perseus	41.63	0.361	0.409

Table 6.   Results of Linear Fit to $W(^{13}\mathrm{CO})$

Region	A_{W13} (mag)	B_{13} $(\mathrm{mag\,K^{-1}\,km^{-1}\,s})$	Reference
B5	1.57±0.04	0.32±0.01	1
IC348	2.11±0.03	0.330±0.009	1
Shell	1.95±0.07	0.38±0.02	1
B1	1.68±0.04	0.29±0.01	1
NGC1333	1.18±0.03	0.26±0.01	1
Westend	0.74±0.06	0.44±0.02	1
Perseus	1.41±0.02	0.350±0.007	1
Previous works			
IC 5146	-2.6±0.3	1.4±0.1	2
B5	0.54±0.13	0.39±0.02	3

References. — (1) This work, linear fit for $A_V < 5$; (2) Lada et al. (1994), linear fit for $A_V < 5$; (3) Langer et al. (1989)

Table 7. Results of Linear Fit to $N(^{13}\mathrm{CO})$

Region	A_{V13} (mag)	c (mag cm^{-2})	[H$_2$/^{13}CO] $\times 10^5$	Reference
B5	1.62±0.05	(4.0±0.2)×10^{-16}	3.7±0.2	1,a
IC348	2.22±0.05	(4.3±0.1)×10^{-16}	4.1±0.1	1,a
Shell	2.26±0.05	(4.2±0.1)×10^{-16}	4.0±0.1	1,a
B1	1.68±0.05	(4.0±0.1)×10^{-16}	3.8±0.1	1,a
NGC1333	1.44±0.04	(3.0±0.1)×10^{-16}	2.8±0.1	1,a
Westend	1.18±0.05	(5.2±0.2)×10^{-16}	4.9±0.2	1,a
Perseus	1.64±0.02	(4.27±0.08)×10^{-16}	4.01±0.07	1,a
		Previous works		
Perseus B5	0.5±0.1	(3.8±0.2)×10^{-16}	3.6±0.2	2,b
Perseus	0.8±0.4	(4.0±0.8)×10^{-16}	3.8±0.8	3,b
L1495	0.3±0.3	(4.5±0.6)×10^{-16}	4.2±0.6	4,b
L1517	0.3±0.5	(6±2)×10^{-16}	5±1	4,b
ρ-Oph	1.6±0.3	(3.7±0.4)×10^{-16}	3.5±0.4	5,c
Taurus	1.0±0.2	(7.1±0.7)×10^{-16}	6.7±0.7	5,c

Note. — (a) A_V derived from NIR colors, (b) A_V derived from star counting; (c) A_V derived using spectra.

References. — (1) This work; (2) Langer et al. (1989); (3) Bachiller & Cernicharo (1986); (4) Duvert et al. (1986); (5) Frerking et al. (1982)

Table 8.   Results of Linear Fit to $W(\mathrm{C^{18}O})$

Region	A_{W18} (mag)	B_{18} $(\mathrm{mag\,K^{-1}\,km^{-1}\,s})$	Reference
IC348	2.1±0.4	5±10	1
Shell	2.6±0.3	4±8	1
B1	2.1±0.1	2.5±0.9	1
NGC1333	1.7±0.2	3±2	1
Westend	1.6±0.3	3±5	1
Perseus	2.4±0.1	2.9±0.9	1
Previous works			
IC 5146	-0.7±0.3	10±1	2
B5	1.40±0.22	1.8±0.13	3

References. — (1) This work; (2) Lada et al. (1994), linear fit for $A_V < 15$; (3) Langer et al. (1989)

Table 9. Initial chemical abundances with respect to total Hydrogen

Element	Abundance
He	0.1
C^+	1.307×10^{-4}
$^{13}C^+$	1.633×10^{-6}
N	2.14×10^{-5}
O	1.76×10^{-4}
S^+	8.00×10^{-6}
Fe^+	3.00×10^{-7}
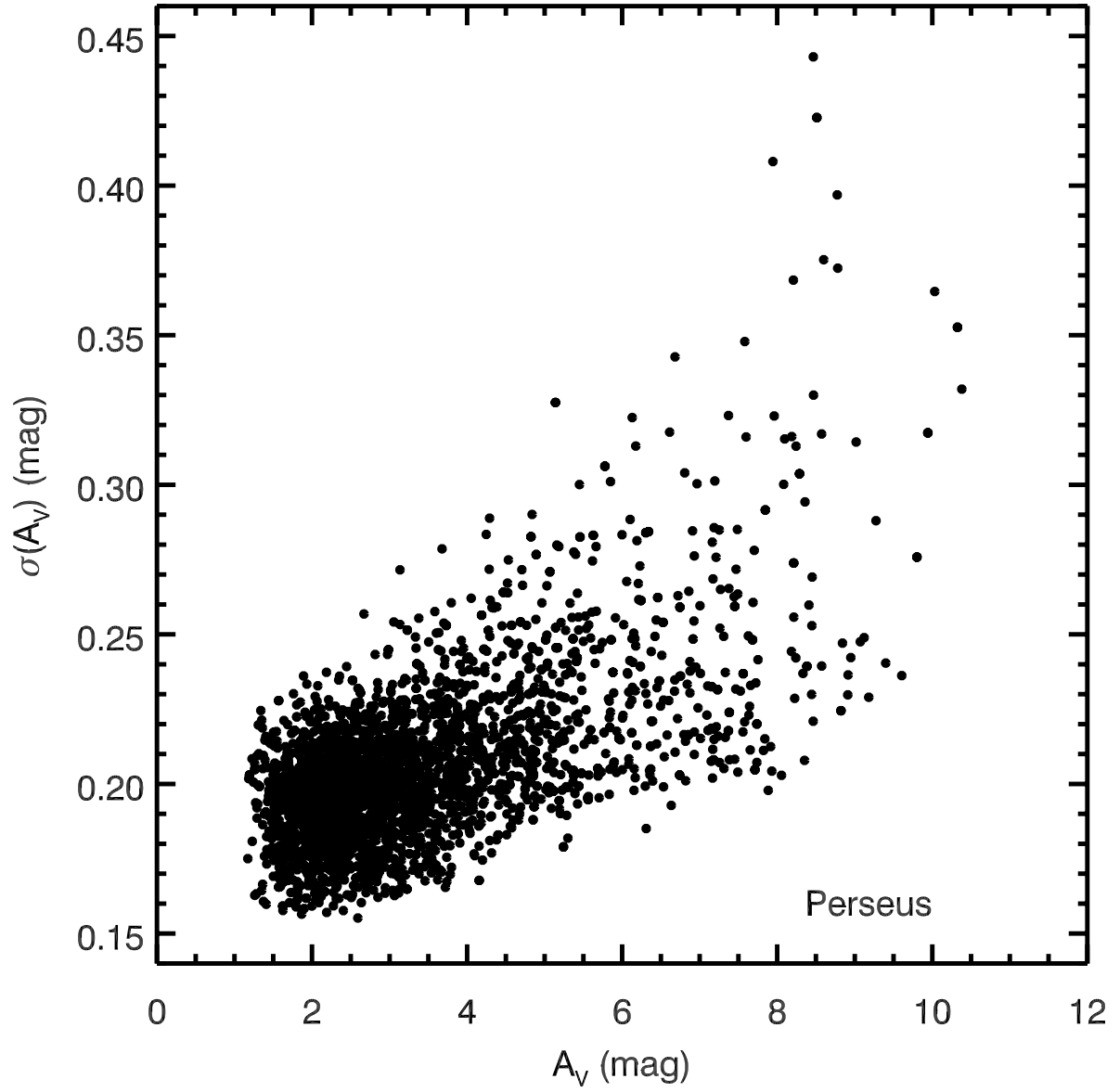
Fig. 1.— Error in the Perseus extinction map derived with NICER at each pixel versus the corresponding A_V. Only the pixels used in this study are displayed here.
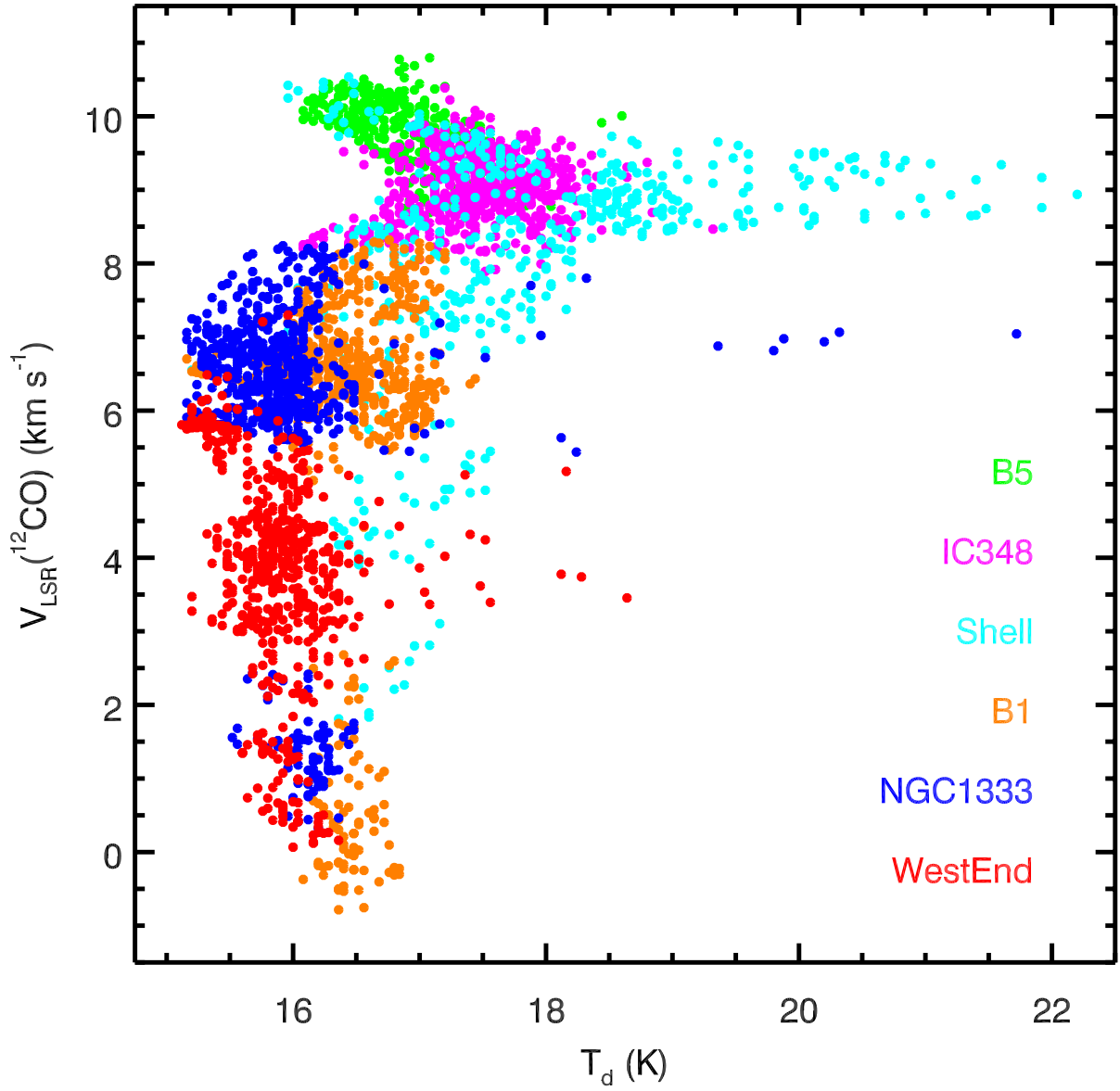
Fig. 2.— Central velocity compared with the dust temperature. Perseus is divided into six regions that are defined mainly in the space of physical parameters. This separation allows a better understanding of the cloud.
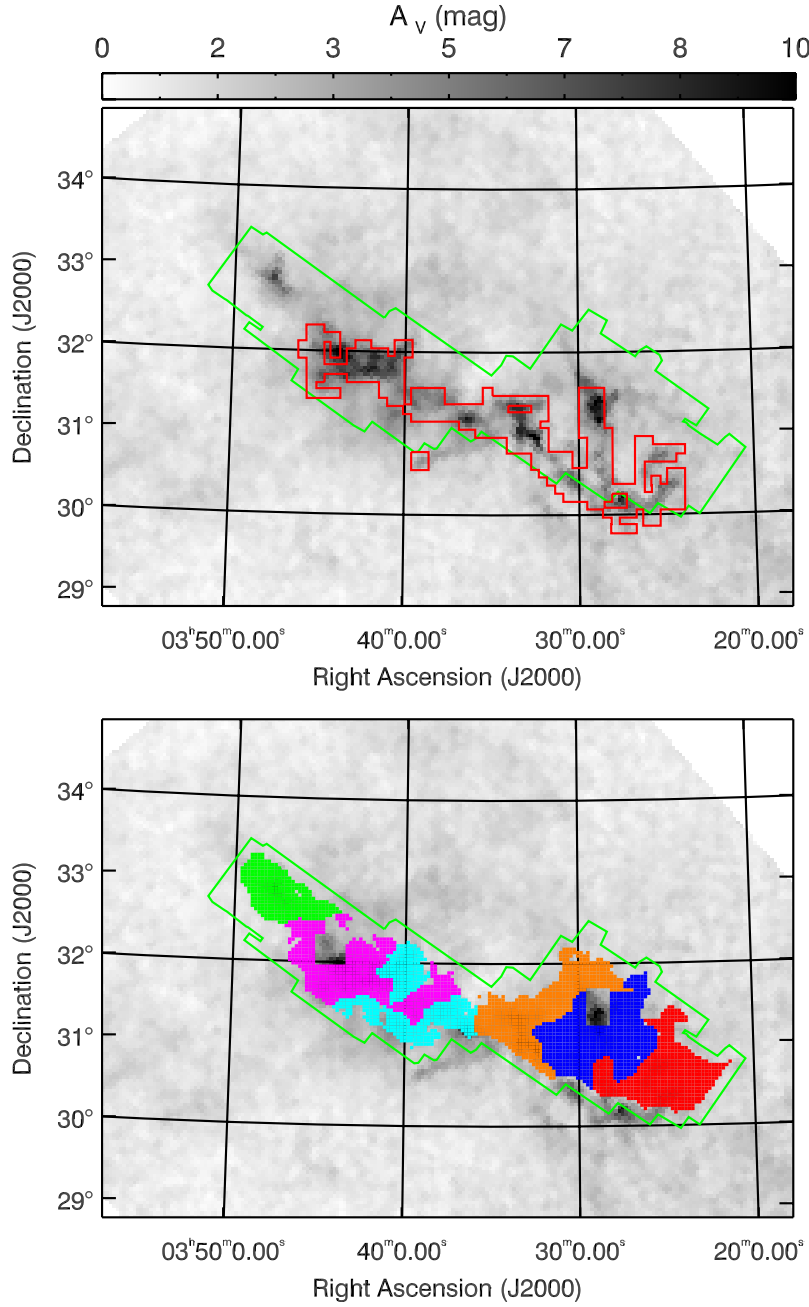
Fig. 3.— (*Top*) The extinction map derived using NICER. The green border is the region observed in ^{12}CO and ^{13}CO (1-0) by COMPLETE, while the red border is the region observed in C^{18}O (1-0) by Hatchell & van der Tak (2003). (*Bottom*) The re-gridded molecular data that fulfil the requirements detailed in § 3 are shown as boxes. Each of the defined regions are presented in a different color. B5 is green, IC 348 is magenta, the Shell is cyan, B1 is orange, NGC 1333 is blue and Westend is red.
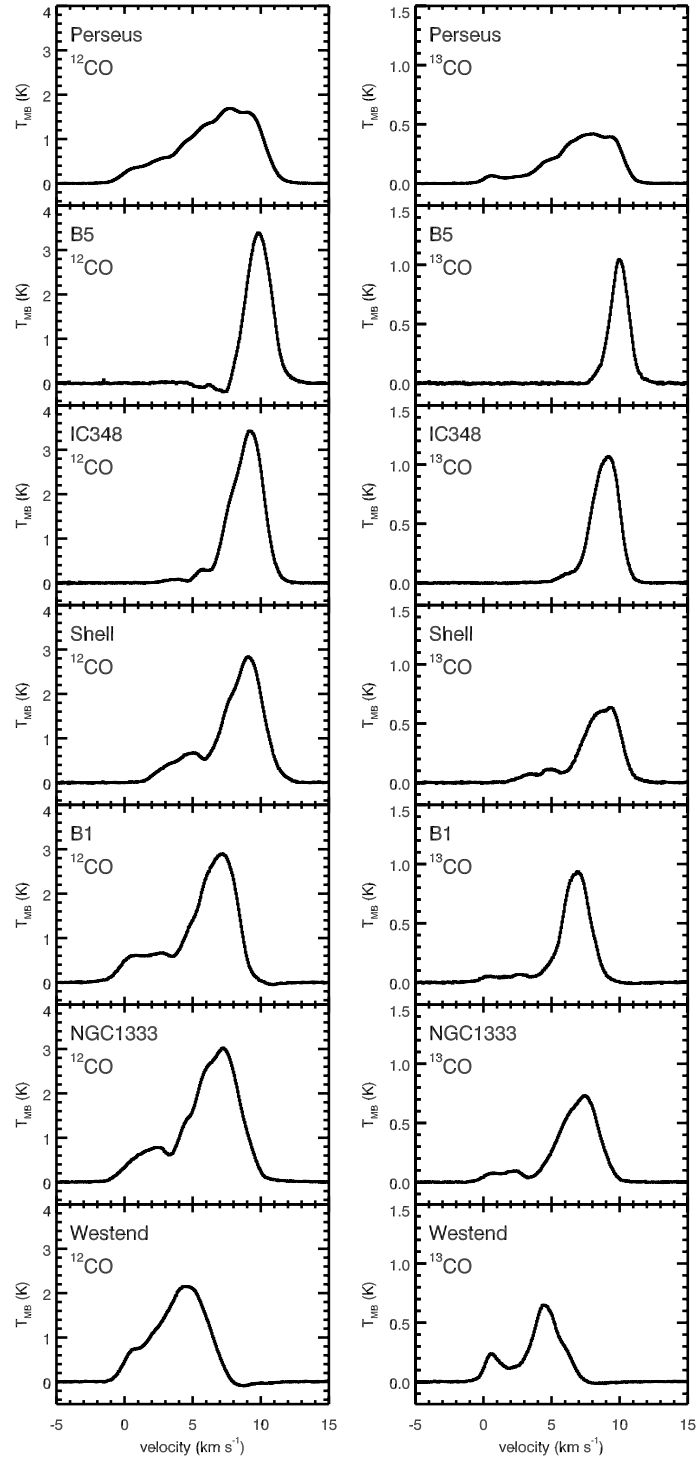
Fig. 4.— Average ^{12}CO (1-0) and ^{13}CO (1-0) spectra for all Perseus and the six sub-regions.
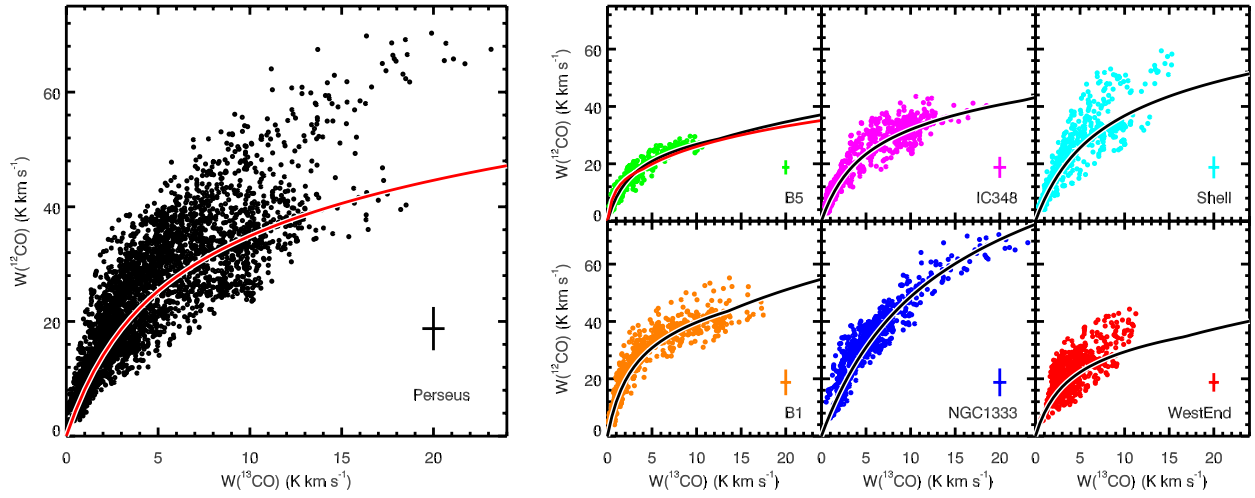
Fig. 5.— Integrated intensity of ^{12}CO is plotted against the integrated intensity of ^{13}CO. The left panel shows all data used while right panel shows each region separately, using the same colors as in Figure 3. The median of the 1-sigma errors are shown in bottom right of each plot. Solid lines are the growth curve fit, while the red curve in B5 is the fit from Langer et al. (1989).
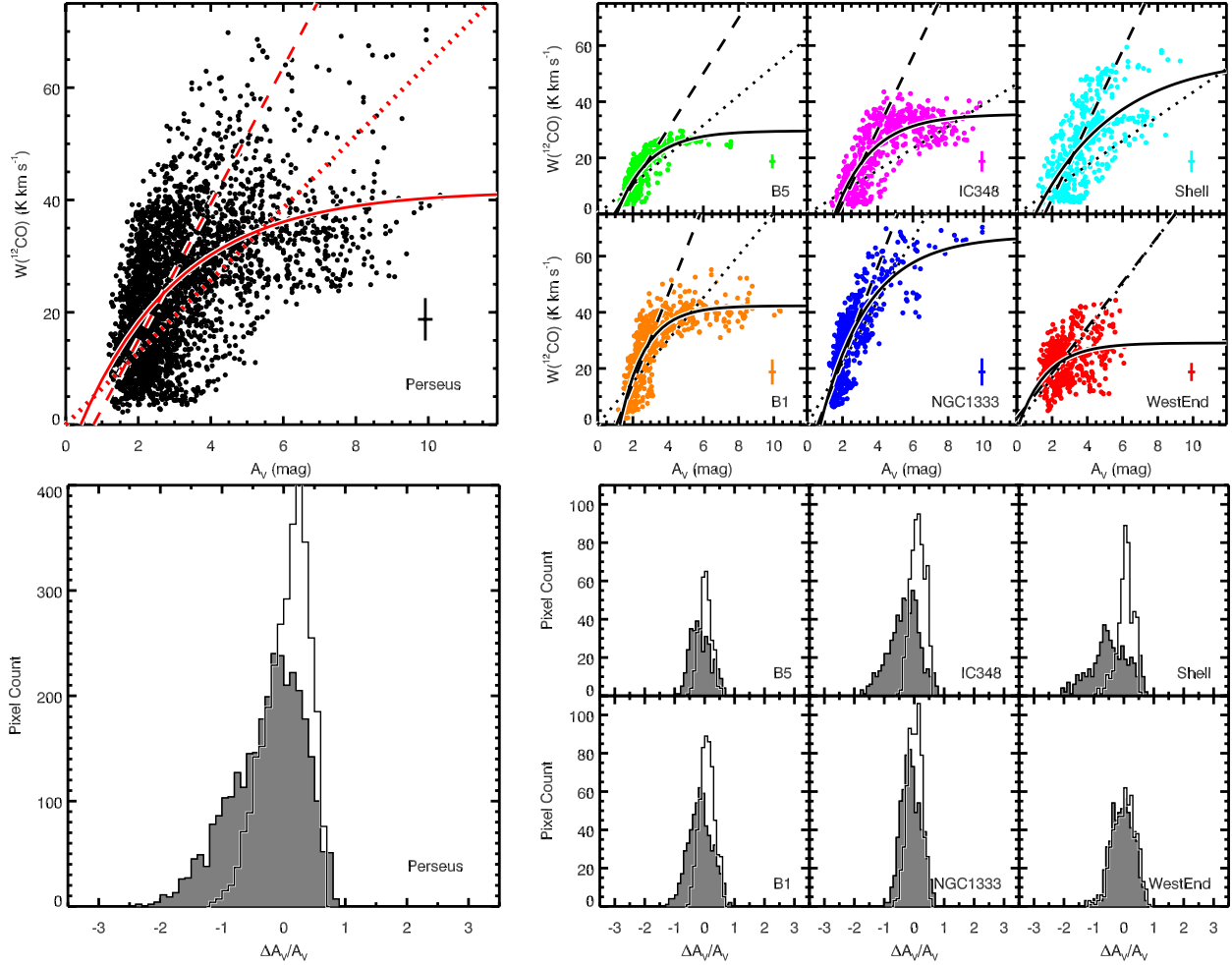
Fig. 6.— *T*op: Integrated intensity of ^{12}CO and visual extinction derived using NICER. The left panel shows all data used and the right panel shows each region separately, using the same colors as in Figure 3. Solid lines show the best fit of eq. (19), dotted and dashed lines are the standard $W(^{12}CO)$ $X = N(H_2)$ and straight line fits are only for points below $A_V=4$, respectively. *B*ottom: Histograms of the difference between the observed and expected A_V for all data displayed in top panels. Filled and open histograms are for the standard X factor and linear conversion, shown as dotted and dashed lines in upper panels, respectively.
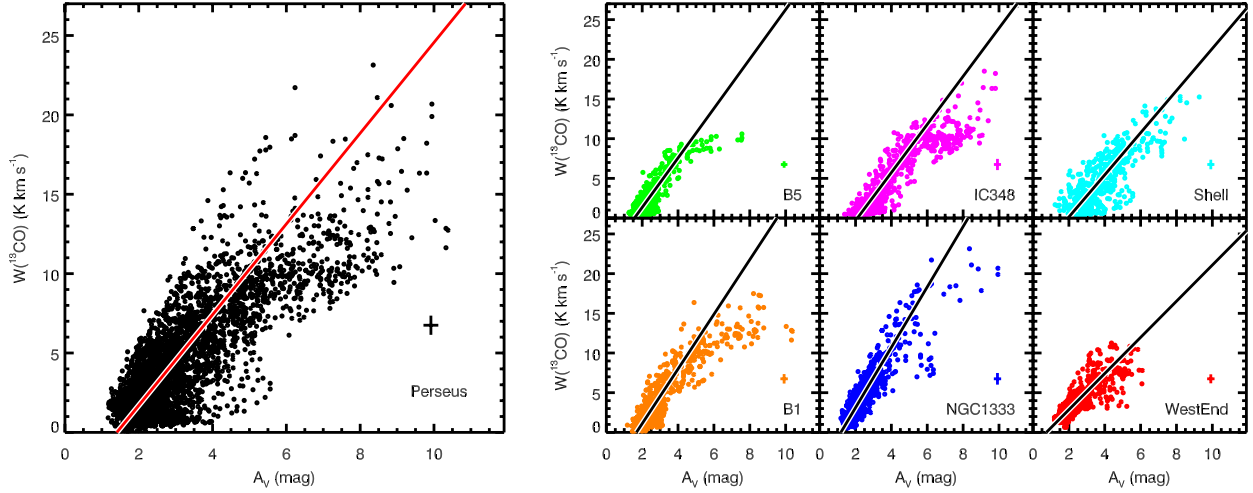
Fig. 7.— Left panel shows ^{13}CO Integrated intensity compared with the extinction. The median of 1-sigma errors are shown in the bottom right corner of each plot. The best linear fit is shown with a solid line. The right panel show the same that left panel but separated by region.
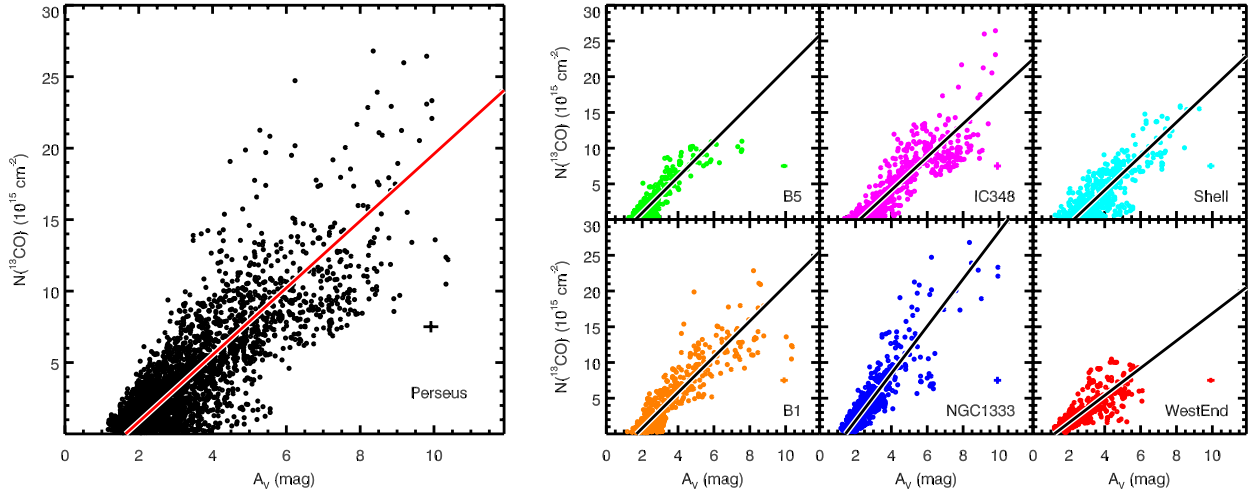

Fig. 8.— The left panel shows ^{13}CO column density. The median of the 1-sigma errors are shown in bottom right of each plot. The excitation temperature is estimated using the ^{12}CO peak temperature, assuming this transition to be optically thick. The best fit is shown with a solid line. The right panel show the same as the left panel, but separated into different regions.
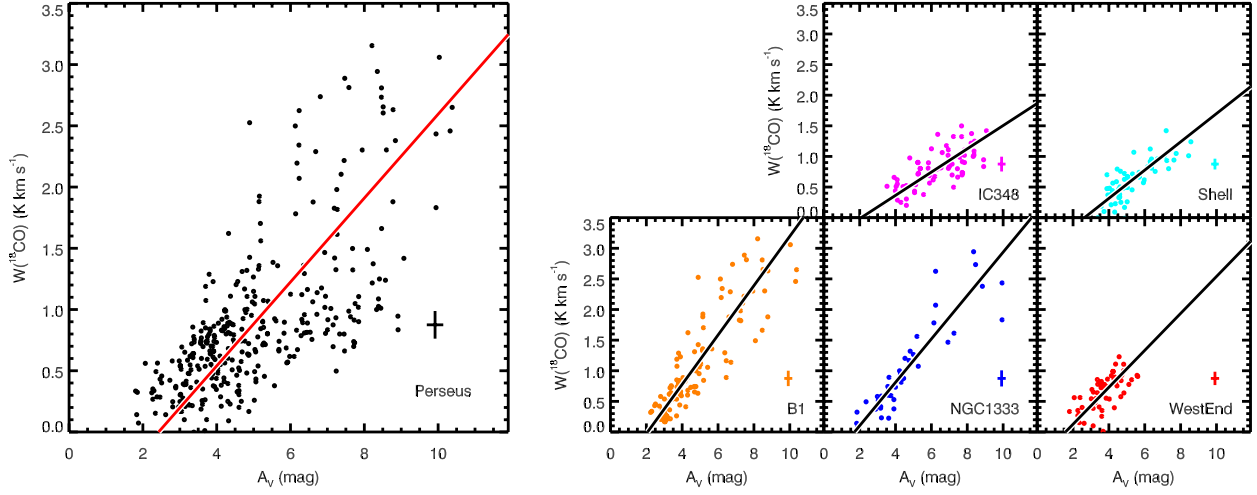
Fig. 9.— Left panel shows C^{18}O Integrated intensity compared with the extinction. The median of 1-sigma errors are shown in the bottom right corner of each plot. The best linear fit is shown with a solid line. The right panel show the same that left panel but separated by region.
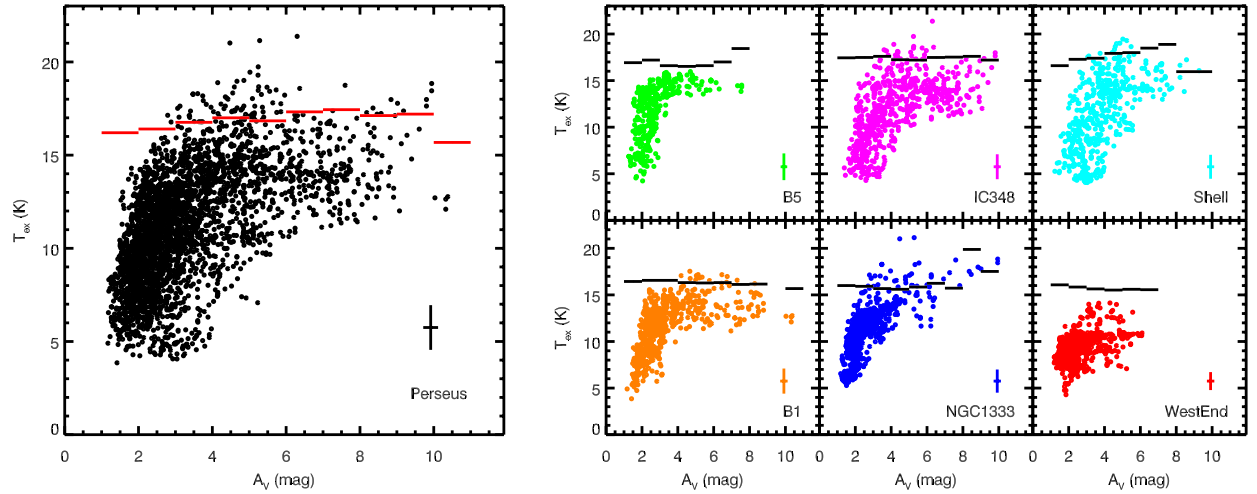

Fig. 10.— Excitation temperature derived using ^{12}CO plotted against the visual extinction at the same position. The median of the 1-sigma errors are shown in bottom right of each plot. The solid line is the median dust temperature for each sample within the extinction bin. The left panel shows all data used while the right panel shows them separated by regions.
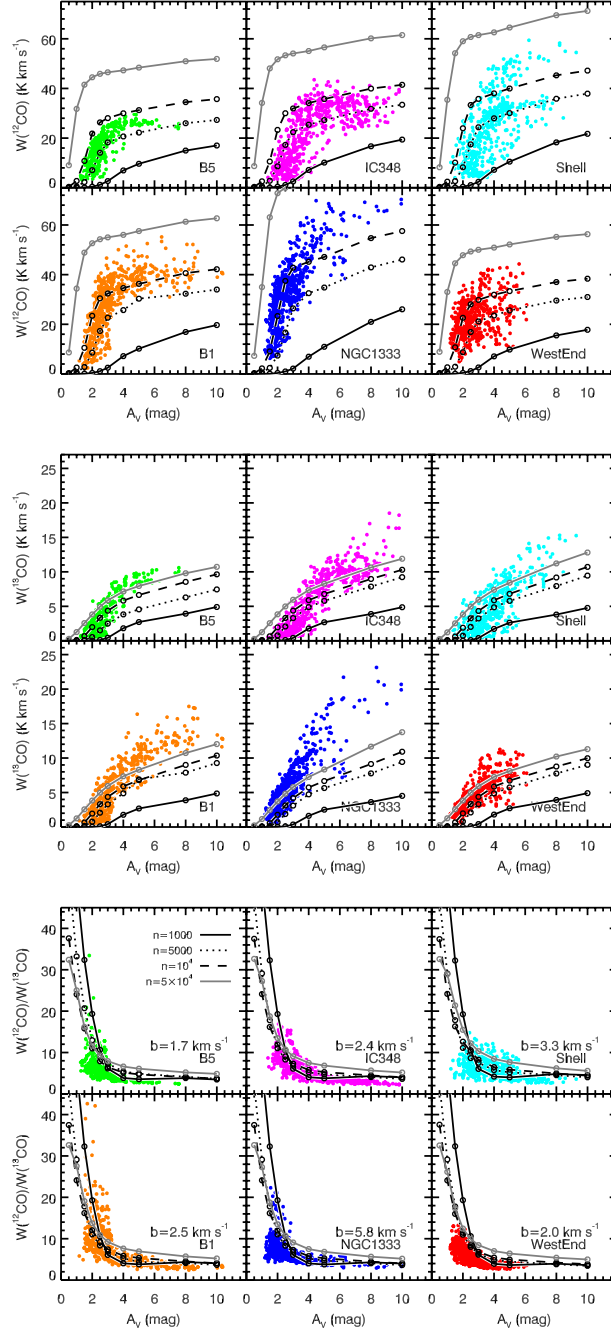
Fig. 11.— Results of the PDR modelling. Upper, middle and bottom panels show the comparison between $W(^{12}\mathrm{CO})$, $W(^{13}\mathrm{CO})$ and the ratio $W(^{12}\mathrm{CO})/W(^{13}\mathrm{CO})$ with A_V, respectively. Black and grey lines are derived from PDR models.
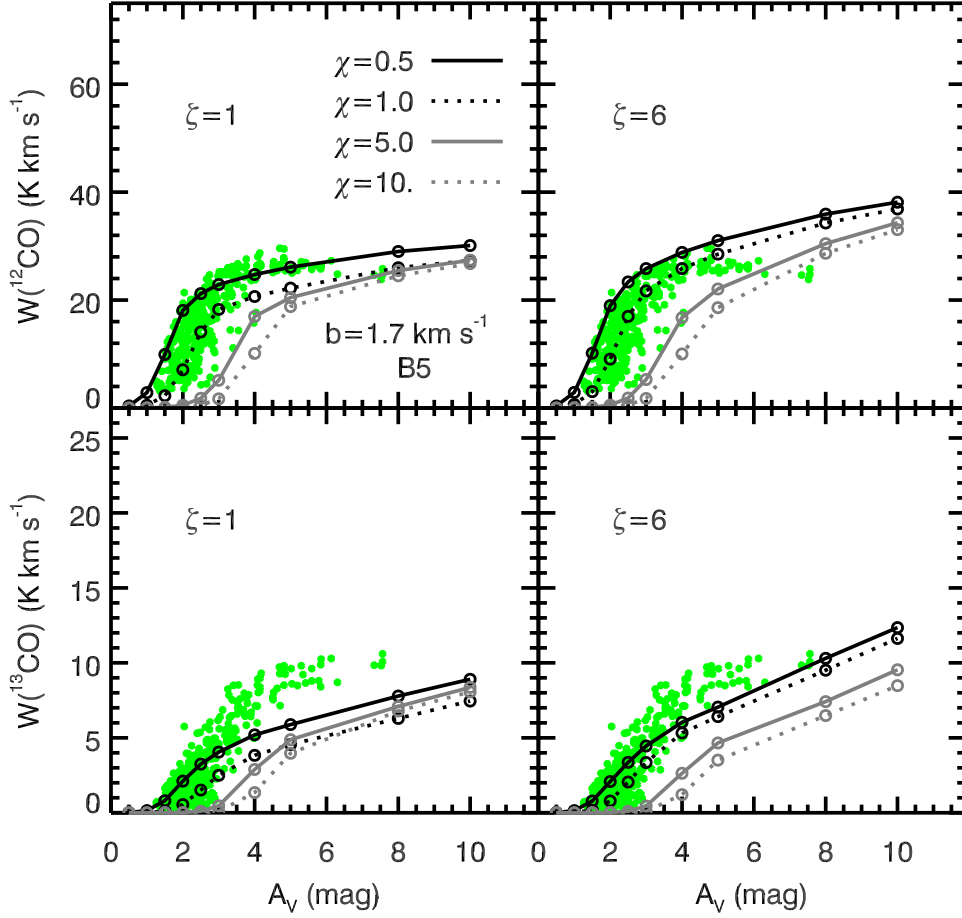
Fig. 12.— PDR results for the particular case of B5 and different values of χ and ζ (in units of 10^{-17} s^{-1}). Black solid, black dotted, gray solid and gray dotted lines show the PDR model results for $\chi = 0.5, 1.0, 5.0$ and 10 times the standard Draine's radiation field (χ_0), respectively. Variations in χ mainly affect the low A_V emission, whereas different ζ values slightly change the emission values at $A_V > 4$ mag.