

Health Screening Questions – Quick Reference Card

Please cut out and fold the card below and keep in a convenient place. This card is to be used to help self-assess whether you should come to work or not.

KEEP THIS CARD WITH YOU AT ALL TIMES

Health screening questions to answer BEFORE leaving for your workplace.

1. Since you last came to work, have you had any of the following **NEW** or **UNUSAL-FOR-YOU** symptoms?

<input type="checkbox"/> Fever of 100.4 or above, or possible fever-like symptoms like alternating chills and sweating <input type="checkbox"/> Frequent cough (not smoker's cough or your normal seasonal allergies) <input type="checkbox"/> Trouble breathing, shortness of breath, or severe wheezing	<input type="checkbox"/> Muscle or body aches that are not exercise related <input type="checkbox"/> Sore throat <input type="checkbox"/> New loss of smell or taste <input type="checkbox"/> Headache
---	---

2. Have you or anyone in your household tested positive for COVID-19?

3. Does anyone in your household have symptoms of COVID-19?

4. Since you last came to work have you traveled internationally?

If the honest answer to ALL questions is **NO**, come to work as scheduled. If the answer to any of these questions is **YES**, see other side.

➔ Fold Here

What do I do if I answered YES to any of the questions?

#1-3 is YES:
 Direct questions about leave to your supervisor or your unit's HR staff, or visit the COVID-19 website at s.s.si.edu/COVID-19. If you test positive or are diagnosed by your healthcare provider with COVID-19, follow the instructions for reporting a positive test result available on the COVID-19 website at the URL above or call **SI Occupational Health Services (OHS) at 202-633-9355**

- Stay home.
- Notify your supervisor that you will be out sick.
- Contact your healthcare provider and follow their advice.

If the answer to question #4 is YES:
 Stay home for 14 days from the time you returned home in accordance with CDC quarantine guidance: s.s.si.edu/CDC-Travel. Direct questions about leave to your supervisor or your unit's HR staff, or visit the COVID-19 website at the URL listed at the top.

KEEP THIS CARD WITH YOU AT ALL TIMES